



# Compassionate Care for Lasting Recovery

Call Today 888-833-3228

[AmityBH.com](https://AmityBH.com)

# Start Your Healing Journey the Right Way

Across our network of treatment centers in California and Florida, Amity Behavioral Health offers peaceful, thoughtfully designed environments that provide a calm transition into care. Set in serene coastal and residential settings, each location creates a safe, supportive space where individuals can step away from daily stressors and focus fully on healing with confidence and clarity.



## Evidence-Based, Individualized Care

Amity Behavioral Health provides a full continuum of behavioral health services—from medical detox and residential treatment to outpatient therapy and long-term aftercare—through clinically certified, accredited programs led by licensed professionals. We understand that every recovery journey is unique, which is why our care is individualized and grounded in evidence-based, trauma-informed practices that address both addiction and co-occurring mental health conditions, supporting meaningful and lasting recovery.







#### **Drug & Alcohol Detox**

Medically supervised detox provides a safe, supportive first step in recovery, with 24/7 clinical care to manage withdrawal and ensure comfort.



#### **Residential Treatment**

Residential treatment offers a structured, immersive environment where clients live on-site and engage in intensive therapy and holistic care.



#### **Outpatient Treatment**

Our outpatient programs, including PHP and IOP, provide flexible treatment options that allow individuals to receive care while maintaining daily responsibilities.



#### **Dual Diagnosis Treatment**

Dual diagnosis treatment addresses addiction and co-occurring mental health conditions simultaneously for comprehensive, whole-person healing.



#### **Aftercare Program**

Our aftercare programs provide ongoing support, relapse prevention planning, and community connection to help sustain long-term recovery.

## **Clinically Trained Staff**

Our care is delivered by a multidisciplinary team of licensed clinicians, medical professionals, and behavioral health specialists with extensive training in addiction and mental health treatment. Highly skilled and deeply compassionate, our staff works collaboratively to provide thoughtful assessment, individualized care, and consistent clinical support at every stage of the recovery process.



## **Don't Wait. Get the Help You Deserve Today.**



**888-833-3228** Call now to speak to an admissions specialist.



## Amity Palm Beach - West Palm Beach, FL

Amity Palm Beach offers medical detox, residential treatment, and individualized counseling in a calm and recovery-focused setting. With comprehensive therapy options and support for both substance abuse and mental health disorders, this location provides a safe place for stabilization, healing, and long-term transformation.

Medical Detox

Residential

Intensive Outpatient

Sober Living

## Treatment Modalities

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing (MI)
- Trauma Therapy
- Individual Therapy







## Amity San Diego - San Diego, CA

Amity San Diego offers PHP, IOP, outpatient services, relapse prevention, and family therapy in a supportive setting tailored for individuals managing co-occurring disorders. With evidence-based treatment, community-building activities, and individualized clinical planning, this location provides the structure, accountability, and encouragement needed for sustainable long-term recovery.

Partial Hospitalization

Intensive Outpatient

Outpatient



## Treatment Modalities

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing (MI)
- Trauma Therapy
- Eye Movement Desensitization and Reprocessing (EMDR) Therapy
- Hypnotherapy
- Family Therapy

## Amenities

- Community Building Activities
- AA Meetings
- Fellowship Conventions
- Beach Days
- Bowling
- Mini-Golf
- Movies
- Community Support with soup kitchen and food banks



## NORTH

### Surf City Detox NORTH - Huntington Beach, CA

Surf City Detox North provides high-quality medical detox and short-term residential treatment in a peaceful, beachside setting designed to support holistic wellness. Through evidence-based therapy, a number of amenities and engaging community activities, this location fosters a strong foundation for early recovery.

Inpatient Detox - Drug and Alcohol

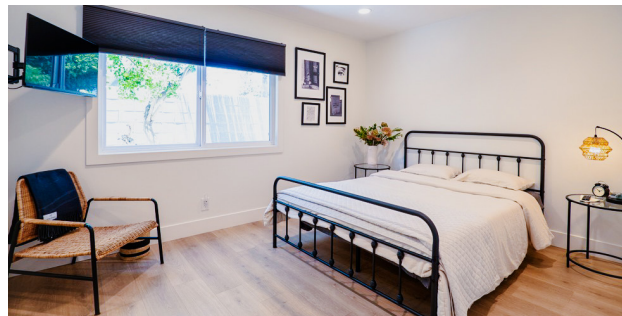
Short Term Residential

### Treatment Modalities

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing (MI)
- Trauma Therapy
- Medical Supervision

### Amenities & Services

- Swimming Pool
- Hot Tub
- On-Site Workout Equipment
- Biweekly certified personal trainer
- Certified Yoga
- Meditation
- Soundbath
- Catered Meals
- Community Building Activities (RTC, LOC)
- AA Meetings
- Beach Days
- Bowling
- Mini-Golf
- Movies





ETON

## Surf City Detox ETON - Huntington Beach, CA

Surf City Detox Eton provides medically supervised detox and short-term residential care in a calm, resort-style environment designed to support comfort, stabilization, and early healing. Comprehensive clinical care and wellness-focused programming help clients safely navigate withdrawal and prepare for continued recovery.

Inpatient Detox - Drug and Alcohol

Short Term Residential

### Treatment Modalities

- Cognitive Behavioral Therapy (CBT)
- Dialectical Behavior Therapy (DBT)
- Motivational Interviewing (MI)
- Trauma Therapy
- Medical Supervision

### Amenities & Services

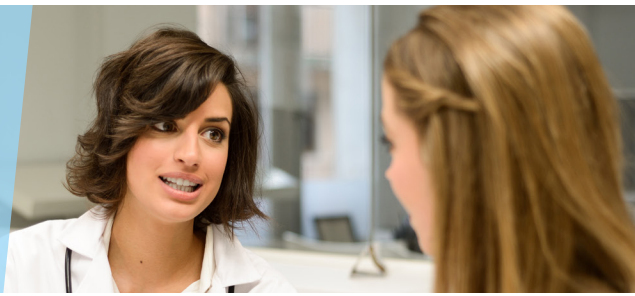
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- Community Building Activities (RTC, LOC)
- AA Meetings
- Beach Days
- Bowling
- Mini-Golf
- Movies







# The Amity Experience



## Amity Admissions Process

### Step 1: Initial Contact

The journey begins with a simple call or online inquiry. Our compassionate admissions team takes the time to listen, answer your questions, and guide you through treatment options available at our San Diego, Huntington Beach, and Palm Beach locations, ensuring your first step is supportive and unhurried.

### Step 2: Confidential Assessment

Before treatment begins, we conduct a thorough, confidential assessment to understand your unique needs and determine the most appropriate level of care. This thoughtful evaluation ensures you receive the right support—whether detox, partial hospitalization, or intensive outpatient treatment from day one.

### Step 3: Insurance Verification & Payment Options

Financial concerns should never prevent you from starting recovery. Our admissions specialists verify insurance benefits, explain coverage, and review self-pay or financing options when needed, so you understand costs upfront with complete transparency and support.

### Step 4: Personalized Treatment Planning

Once financial arrangements are in place, our clinical team develops a personalized treatment plan tailored to your unique needs. Grounded in medical support, evidence-based therapy, and long-term planning, this individualized approach ensures care aligns with your goals and supports lasting recovery.

### Step 5: Seamless Rehab Admission & Arrival

From the moment you arrive at Amity Behavioral Health, our team is ready to welcome you with compassion and respect. We guide you through the intake process, introduce you to your care team, and ensure you feel safe and supported.

### Step 6: Beginning Your Recovery Journey

Once admitted, you'll begin treatment immediately. Our structured yet flexible programs are built to provide stability while also addressing the personal aspects of your healing. You'll have access to therapy, peer support, wellness activities, and relapse-prevention education from the very start.



## What to Bring to Treatment

- Government-issued photo ID
- Insurance card and any required admission documents
- Prescription medications in original pharmacy-labeled bottles (subject to medical approval)
- Comfortable clothing appropriate for daily activities and group sessions
- Sleepwear and personal undergarments
- Contact information for family members, physicians, or therapists

**Please note:** Certain items may be restricted for safety reasons.

Our admissions team will review approved and prohibited items prior to arrival.

## Most Insurance Covers Treatment

Amity Behavioral Health Network accepts most major insurance providers to make treatment accessible and affordable. Call to verify your insurance today.



## Take the First Step Today

Recovery begins with a single conversation. Our compassionate admissions team is here to answer your questions and guide you through the next steps with care and confidentiality. Reach out today to begin your journey toward healing.



**Call Now 888-833-3228**